

Footprint Adventures

the way to go.....



Travel Itinerary



Travel Trust
Association
No. R704x



Uganda Explorer Safari

Day One: Arrive at Entebbe and transfer to Hotel Africana.

Day Two: After breakfast early, then transfer to Kibale Forest. Overnight Kibale Safari camp BLD.

Day Three: After breakfast, head for Kibale forest for a half day Primate walk in search of chimpanzees. On the walk, you may see Black and white colobus monkey, Red tailed monkey, Baboon, Grey cheeked mangabeys or the chimpanzee. After lunch bigondi swamp walk and overnight Nyinaburitwa Resort Hotel LD.

Day Four: Transfer to Queen Elizabeth National Park. Arrive in Queen Elizabeth National park. After an evening game drive, transfer to your accommodations for dinner and overnight at Mweya Safari Lodge**** or Hippo Hill Camp BLD.

Day Five and Six After an early morning cup of tea at 6:30am, depart for a game drive on the northerly parts of the park along the Kasenyi track. This is the best time for opportunities of viewing the cats in action. Later, return for breakfast. In the afternoon, take another boat cruise on the Kazinga for solitary Buffalo, Hippo and other animals at the edge of the channel as they cool off. European migrant birds like the terns and gulls congregate here in large flocks. Dinner and overnight at Mweya Safari Lodge or Hippo Hill camp.

Day Seven: After a relaxed breakfast, transfer to the gorilla sanctuary through this beautiful mountain scenery

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referred to as the little Switzerland/ Ishasha sector in search for tree climbing Lions. Dinner and overnight at Kitandara tented Camp BLD.

Day Eight: After breakfast and briefing by park ranger guides. Later with picnic lunch, start a 30 minutes - 8 hours trek to find the Mountain gorillas. The tracking starts at the area where the gorillas were the previous day. After a full hour with the gorillas, return to your accommodation , dinner and overnight. Kitandara tented Camp BLD.

Day Nine: Breakfast early, Nature walk at Bwindi water falls looking for forest birds. Optional second Gorilla tracking at extra costs BLD.

Day Ten: After breakfast, transfer to Mbarara arriving in time for lunch at the Lake view Hotel . Later head for Kampala and transfer to Hotel Africana B.

Day Eleven: Transfer to the airport. (B)

Please note days 8 and 9 can be reversed.

Includes: Lodge accommodation, meals, park fees, Launch trips, Ferry crossings, transportation in 4x4 vehicle and services of driver guide.

Gorilla Rules

A maximum number of 6 visitors may visit a group of habituated gorillas in a day. This minimizes behavioral disturbance to the gorillas and the risk of their exposure to human-borne diseases.

Please always keep your voices low. You will then also be able to observe the great bird life and other wildlife in the forest.

DO NOT leave rubbish in the park. Whatever you bring into the forest should be carried back out with you.

You will be taken to where the guides observed the gorillas the day before. From there you will follow the gorilla's trail to find them. Look out for the gorilla's nesting sites along the way!

When you approach the Gorillas, the guides will inform you when to get you cameras ready

Always wash your hands before you head out to the gorillas.

When you are with the gorillas

Keep a minimum of 5 meters (15 feet) from the gorillas. This is to protect them from catching human diseases

You must stay in tight group when you are near the gorillas

Keep your voices down at all times. However, it is OK to ask the guide questions

Do not eat or drink while you are near the gorillas. Eating or drinking inevitably will increase the risk of food/drink morsels/droplets falling, which could increase the risk of transmission of diseases

Sometimes the gorillas charge. Follow the guides example-crouch down slowly, do not look the gorillas directly in the eyes and wait for the animals to pass. Do not try and take pictures and do not attempt to run away. Running away will increase the risk.

Flash photography is not permitted! When taking pictures move slowly and carefully.

Do not touch the gorillas. They are wild animals. They might look cuddly but.....

The maximum time you can spend with the gorillas is one hour. However, if the gorillas become agitated or nervous, the guide will finish the visit early.

After the visit keep your voices down until you are 200 meters from the gorillas.

General Health Rules

Remember gorillas are very susceptible to human diseases. The following are ways to minimize the risk your visit might pose to them:

Respect the limits imposed on the number of visitors allowed with the gorillas each day. This minimizes the risk of disease transmission and stress to the group.

If you are feeling ill, or you are carrying a contagious disease, volunteer to stay behind. An alternate visit will be arranged for you, or you will be refunded your money.

If you feel the urge to cough or sneeze when you are near the gorillas, please turn your head away and cover your nose and mouth in order to minimize the spread of bacteria or viruses.

Always stay 5 meters (15 feet) away from the gorillas. The further back you are, the more relaxed the group will be.

Do not attempt to touch the gorillas.

Do not smoke, drink or eat when you are with the gorillas.

Do not leave any rubbish (eg. food wrappers) in the Park; foreign items can harbor diseases or other contaminants.

If you need to defecate, whilst in the forest, please ask the guide to dig you a hole with his panga. Make sure the hole is 30cms deep and fill it in when you are finished.

How you are contributing to the conservation of the Mountain Gorillas:

The mountain gorillas (Gorilla Gorilla Berengie), the world's most endangered ape, is found only in small portions of protected afro montane forests in northwest Rwanda, southwest Uganda and eastern DRC. The mountain gorilla is one of many species unique to these forests. The forests are also home to many wonderful birds, primates, large mammals, reptiles, insects and plants and also ensure continued water and medical plant resources for the local communities.

The mountain gorillas are divided into two populations and current figures estimate the total population to be about 600 individuals. One population is found in Bwindi Impenetrable National Park (BINP), in S.W. Uganda, covering about 330km², and the ecologically homogenous (safer flora and fauna), covering three contiguous National Parks in three countries.; Mgahinga Gorilla National Park in Uganda, Volcano National Park in Rwanda and Virunga National Park in the Democratic Republic of Congo, covering an approximate total area of 300km².

The threats to the remaining gorilla population and its habitat are many. One of these threats is the possibility of disease transmission from humans to gorillas and vice versa. In order to address the issue of potential disease transmission to the gorillas and to mitigate behavioral disturbances to this fragile population, the gorilla rules have been developed.

By following these rules and through the purchase of the permit, YOU too are contributing to the conservation of the mountain gorilla. Uganda Wildlife Authority uses the funds generated from the sale of this permit for the management of the National Parks. A percentage of the funds raised from Park entrance fees are also donated to local communities living adjacent to the parks to contribute to their development and improve natural resource management in the region.

Important: Before you travel please check your **Tour Voucher** and **Arrival Information** for the latest joining instructions. This will be sent to you upon receipt of final payment. **All itineraries are subject to change without prior notice.**